

FOOD PANTRIES

Amery Area Food Pantry

Amery School District
230 Deronda St., Amery
715-268-5999

Call before 12pm on Wed. for appointments
(leave name & phone number on voice mail)

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
9a-12p			3p-6p		

Lifeline Food Pantry

560 5th St., Clear Lake
715-263-3846

Emergency Contact: Gordon 715-948-2776

Mon.	Tue.	Wed.	Thu.
		1p-5p	10a-2p

People Loving People

Open to ALL
103 E. Main St, Dresser
715-755-2300

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
		2p-5p			11a-1p

Family Pathways Food Shelf

Frederic School District
1100 Wisconsin Ave S., Frederic
715-327-4425

For best service, call for appointment

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
	9a-4p	12p-4p	9a-4p		9a-12p

Dresser, St. Croix Falls, Centuria, Balsam Lake,
Cushing & Milltown
2000 US Hwy 8., St. Croix Falls
Call in Advance: 715-483-2920

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
9a-5p	9a-5p	10:30a-5p	9a-5p		

FOOD PANTRIES CONTINUED

Loaves & Fishes

Luck & Unity School Districts
300 N 1st St, Luck

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
	11a-1p		11a-1p		

The Open Cupboard

Osceola & Dresser School Districts
406 2nd Ave., Osceola
715-294-4357

Appointments available if unable to make walk-in times

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
9a-12p		9a-12p	11a-4p		

St. Croix Falls Food Shelf

St. Croix Falls & Dresser Elementary School Districts, Centuria, Cushing & portions of Balsam Lake areas

809 Pine St., Ct. Croix Falls
715-483-9494 or scffoodshelf@gmail.com

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
9a-11a		3p-6p		9a-10a	

Turtle Lake Food Pantry

Local food shelf and humanities service organization

111 Elm St S., Turtle Lake
715-986-4158

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
	12:30p-3:30p				



FOOD DISTRIBUTIONS

Polk County Ruby's Pantry Sites

[Ruby's Pantry Amery](#) | [Facebook](#)

Open the 2nd Saturday of each month, 7:30am to 9am

Located at SMC Ltd Shipping Area
9000 Griffin St. E., Amery

\$25 Cash Donation Per Share. You will receive an abundance of grocery items. There is no income or residency requirements; everyone is welcome.

St. Croix Valley Food Bank

Open last Wednesday of each month, 11am-1pm
507 W. Main Street, Balsam Lake (Our Lady of the Lakes Church)

715-629-5405 or
endhunger@stcroixvalleyfoodbank.org

FREE COMMUNITY MEALS

United Methodist Church

306 River Street, Osceola
Last Wednesday of the month (Jan.-Oct)
(Not in Nov or Dec)
5:30pm-6:30pm
715-755-2275

More Free Community Meals will Return in the Fall

SENIOR DINING SITES/HOME DELIVERED MEALS

Hot nutritious meals are offered to senior citizens at Amery and Milltown in Polk County.

Meal Delivery is provided for people 60+ year s of age who are unable to go to dining sites, cook for themselves or who have no one to prepare meals for them.

For more information, please contact ADRC of Northwest Wisconsin

877-485-2372

WIC PROGRAM

WIC Provides:

- Wholesome foods for pregnant women, new moms, infants and children under 5.
- Breastfeeding Support
- Nutrition and feeding tips for families
- Referrals to other community services

Polk County WIC

Web: www.polkcountyhealthdept.org
(Application Form Available on Website)
715-485-8520

FARMERS MARKET NUTRITION PROGRAM

Free Vouchers for Produce at Certified Vendors, June-October.

Seniors Farmers Market Nutrition Program

For Qualified Individuals
ADRC of Northwest Wisconsin
Polk County Office
877-485-2372

WIC Farmers Market Program

For WIC Participants
Polk County WIC
715-485-8520

FOODSHARE PROGRAM (FOOD STAMPS)

Food Share Outreach Specialist:

Michelle Dudar-Sehr 715-629-5405 (Screening and Application Assistance) **OR** 877-FOOD-635 (877-366-3635) (Screening and Appointment Scheduling)

For Guidelines & Eligibility:

<http://www.dhs.wisconsin.gov/FoodShare>

To Apply:

Online: www.access.wisconsin.gov

Call: Great Rivers Call Center: 1 (888)283-0012

In Person: Economic Support Office
100 Polk County Plaza, Balsam Lake, WI

COMMODITY SUPPLEMENTAL FOOD PROGRAM

For low income qualifying seniors age 60+
Call to learn more about the program and be put on a waiting list.

West Central Wisconsin Community Action Agency
715-265-4271

SALVATION ARMY

Backpack Program-Eligible students receive a backpack full of foods weekly

Head Start, Amery, Clayton, Clear Lake, Frederic, Luck, Turtle Lake, and Unity School Districts.
(St. Croix Falls and Osceola; Inquire at School)

Emergency Food Needs Also Available
715-263-2900

FREE OR REDUCED SCHOOL MEALS

Free or reduced price school breakfast and lunch are available to low income families. All children in households receiving benefits from FoodShare can get free meals. WIC families are eligible for reduced or free meals.

Please contact your school's office for more information

DO I QUALIFY FOR FOOD, NUTRITION & OTHER PROGRAMS?

Check out the following website:
www.access.wisconsin.gov

Did We Miss Something?

If we missed a resource within Polk County, please call 715-485-8600, or email katie.bartko@wisc.edu or kerry.hill2@wisc.edu

Need More Copies?

<https://polk.extension.wisc.edu/nutrition-education/food-resources/>



FOOD WISE
Healthy choices, healthy lives.

UW-MADISON EXTENSION

Community Food Resource Directory

Polk County



Call: 211 or 877-947-2211

Text: Text Your Zip Code to 898211

Search: 211@wisconsin.org

211 connects you to critical health and human services in your community 24/7/365 at no cost.

Fall 2022



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