

Virtual 4-H Foods Revue

The Foods Revue combines food preparation, menu planning, table service, and participants understanding of food preparation, time management, nutrition, and cost. Youth will need to do the following steps in order to take part and receive feedback for this year's Foods Revue experience (*Please note - this event in no way replaces the County Fair Foods Revue as the Fair for 2020 is cancelled*)

This is an educational event for Foods and Nutrition Project members to make a display for a judge and receive comments. Awards will be provided for participants who successfully complete this year's Revue.

EDUCATIONAL EVENT STEPS FOR PARTICIPATION

1. Prepare your food and place it in or on the appropriate bowls or plates, making at least one food from a prepared menu which must be written out and visible for the judge to read. The menu you choose should contain at least one third of the nutrients needed daily.
2. Use your kitchen table, dining room table, card table, or picnic blanket - whichever works best to put your place setting on . You will need to set one place setting, using glasses, plates and utensils, plus paper goods or linens. A centerpiece should also be part of the display. Proper table setting practices should be followed when setting up the food display.
3. Write the complete recipe in a form that is visible for the judge to read. Recipes must give specific amounts of ingredients (such as three cups chopped cabbage, NOT ½ small head of cabbage). Be sure to indicate the number of servings the recipe makes. We will assemble all of the delicious recipes into a 2020 Pierce County 4-H Foods Revue book for all participants to share!
4. Record a video presentation of five minutes or less for the judge that includes the following (or submit 3-5 photos of your food display, recipe and menu along with answers to these questions):
 - a. The 4-H Foods Project member's name , grade level, and 4-H Club
 - b. A brief description of the chosen occasion
 - c. An explanation of menu choices (nutrition, meal planning principles, etc...)
 - d. An explanation of the table setting chosen (type, articles included, etc...)
5. When your video is complete, save the video and send the link (or submit your photos) by email to: sandy.radkey@wisc.edu. Deadline for submission is Friday, August 7th.
6. Appointments to visit with the judge will be available between 10:00 AM and 12:30 PM on Tuesday August 11th via Zoom.

7. Relax, have fun, and enjoy this virtual contest! Ribbons and awards will be mailed. Results should be announced by Friday August 14th.