WIC PROGRAM

WIC provides:

- Wholesome foods for pregnant women, new moms, infants and children under 5
- Breastfeeding support
- Nutrition and feeding tips for families
- Referrals to other community services

Polk County WIC 715-485-8520

Web: www.polkcountyhealthdept.org (application form available on line)

FARMERS MARKET NUTRITION PROGRAMS

Free vouchers for produce at certified vendors June-October.

Senior Farmers Market Nutrition Program

for qualified individuals
ADRC of Northwest Wisconsin
Polk County Office
877-485-2372

WIC Farmers Market Program

for WIC participants Polk County WIC 715-485-8520

FOOD SHARE PROGRAM (FOOD STAMPS)

Great Rivers Call Center 888-283-0012

Web: www.access.wisconsin.gov

For help with applying, call Maureen Wilson, FoodShare Specialist: 715-496-3121

SENIOR DINING SITES/ Homedeliveredmeals

Hot nutritious meals are offered to senior citizens at 2 locations in Polk County.

Meal delivery is provided for people 60+ years of age who are unable to go to dining sites, cook for themselves or who have no one to prepare meals for them.

ADRC of Northwest Wisconsin 877-485-2372

OMMODITYSUPPLEMENT FOODPROGRAM

For low income qualifying seniors age 60+. Call to learn more about the program and be put on a waiting list.

West Central Wisconsin Community Action Agency 715-265-4271

SALVATIONARMY

Backpack Program - Eligible students receive a backpack full of foods weekly

Head Start, Amery, Clayton, Clear Lake, Frederic, Luck, Turtle Lake and Unity School Districts.(St. Croix Falls and Osceola: Inquire at school)

Emergency food needs also available 715-263-2900

FREEORREDUCED PRICESCHOOLMEALS

Free or reduced price school breakfast and lunch are available to low income families. All children in households receiving benefits from FoodShare can get free meals. WIC families are eligible for reduced or free meals.

Contact: Your school's office

COMMUNITY GARDENS

St. Croix Falls: For more information email scfcommunitygarden@gmail.com

Website:

https://sites.google.com/view/scfcommunit ygarden/

Facebook @scfgarden

Turtle Lake: For more information contact Donna Cordes 715-986-4697 Monica Graf 715-641-1798

DOIQUALIFYFOR FOOD, NUTRITION AND OTHERPROGRAMS?

Check out the following website: www.access.wisconsin.gov

Did we miss something?

If we missed a resource within Polk County, please call **715-485-8520**

Need more copies?

www.polkcountyhealthdept.org click on WIC







FOODPANTRIES

Amery Area Food Pantry

Amery School District 230 Deronda Street, **Amery** 715-268-5999

Call before 12:00 pm on Wed. for appointment (leave name & phone number on voice mail)

Mon	Tue	Wed	Thur	Fri	Sat
9a-12p			3p - 6p		

Lifeline Food Pantry

560 5th Street, **Clear Lake** 715-263-3846

Emergency Contact (Gordon): 715-948-2776

Mon	Tue	Wed	Thur	Fri	Sat
		1p - 5p	10a-2p		

People Loving People

Open to all 103 E. Main St, **Dresser** 715-755-2300

Mon	Tue	Wed	Thur	Fri	Sat
		2p - 5p			11a - 1p

Family Pathways Food Shelf

Frederic School District

1100 Wisconsin Ave S, **Frederic** 715-327-4425

For best service, call for appointment

Mon	Tue	Wed	Thur	Fri	Sat
	9a - 5p	12p - 5p	9a - 5p		9a - 12p

FOODPANTRIES (CONTINUED)

Loaves & Fishes

Luck & Unity School Districts 300 N 1st Street, **Luck**

Mon	Tue	Wed	Thur	Fri	Sat
	11a - 1p		11a - 1p		

The Open Cupboard

Osceola & Dresser School Districts 406 2nd Avenue, **Osceola** 715-294-4357

appointments available if unable to make walk-in times

Mon	Tue	Wed	Thur	Fri	Sat
9a - 12p		9a - 12p	11a - 4p		

St. Croix Falls Food Shelf

St. Croix Falls & Dresser Elementary School Districts, Centuria, Cushing, & portions of Balsam Lake areas 809 Pine St., **St. Croix Falls**

715-483-9494

Mon	Tue	Wed	Thur	Fri	Sat
9a - 11a		3p - 6p		9a - 10a	

Family Pathways Food Shelf

Dresser, St. Croix Falls, Centuria, Balsam Lake, Cushing, Milltown

2000 US Hwy 8, St. Croix Falls

Call in advance: 715-483-2920

Mon	Tue	Wed	Thur	Fri	Sat
9a - 5p	9a-5p	10:30a-5p	9а - 5р		

FOODDISTRIBUTIONS

Polk County Ruby's Pantry Sites:

www.homeandawayministries.org 651-674-0009

\$20 donation/family for a box of surplus food and goods

Home and Away Ministries

210 E Park Ave., **Luck** 715-472-7770

3rd Tuesday of the month Doors Open - 11:30 am Distribution - 12:00 pm-1:00 pm

Congregational Church

201 N Harriman Avenue, **Amery**<u>www.ameryucc.org</u>
office.ameryucc@gmail.com

2nd Saturday of the month Registration 7:00 am-9:30 am Distribution - 9:00 am-10:30 am

Visit <u>www.rubyspantry.org</u> for locations outside Polk County or to pre-register for a specific time slot and pay in advance.

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FREE COMMUNITYMEALS

Georgetown Lutheran Church

877 190th Ave, **Balsam Lake**3rd Thursday of the month
12:00—1:30pm
715-857-5580

West Denmark Lutheran Church

2478 170th Street, **Luck**Potluck Meal for visitors, guests, and those unable to bring food

Last Sunday of every month

5:00 pm

715-472-2383

Bone Lake Lutheran

1101 255th Avenue, Luck

3rd Wednesday of the month (Sept-May)

5:30pm—6:30pm

715-472-2535

United Methodist Church

306 River Street, **Osceola**Last Wednesday of the month (Jan-Oct)

(Not in Nov or Dec)

5:30pm—6:30pm

715-755-2275

Alliance Church of the Valley

1259 State Road 35, **St. Croix Falls**4th Tuesday of the month
5:00pm—6:30pm
715-483-1100