

January/February 2019

lerce County 4-H Newsletter

Jan/Feb 2019

Pierce County University of Wisconsin-Extension Pierce County Courthouse 432 W. Main Street P.O. Box 69 Ellsworth, WI 54011

715-273-6781 Fax 715-273-6859 http://pierce.uwex.edu Dear 4-H Family and Friends,

Welcome to new and returning 4-H folks in Pierce County! As we head in to our 2019 project year, I invite you to consider the ARCH principles below. Developed by Bayfield County 4-H Agent, Ian Meeker, they serve as an excellent guideline for personal success in the coming year. Build this ARCH around your efforts this year and you will see the support you need turn into a firm foundation for the future!

ACCOUNTABILITY

Following through with commitments and assigned duties of responsibilities. Making up for mistakes or poor behaviors regardless of excuses. Even really good excuses do not remove the need to correct a mistake. Doing what is right without being monitored or expecting a reward.

RESPECT

For self.
For others.
For the group.
For property and equipment.
For adults and legitimate authority.

COMPASSION

Thinking of the needs of others, not just your own.
Understanding the views, experiences, and uniqueness of others.
Helping others to feel good about themselves.
Being patient and tolerant of your own and others' mistakes.

HONESTY

Willing to share and discuss your thoughts and feelings.
Ability to reflect and assess your own strengths and weaknesses.
Acknowledging mistakes, especially if done without being confronted.
Knowing what you are capable of doing and living up to your capabilities.

Sincerely,

Katie Stenroos, 4-H Coordinator Frank Ginther, 4-H Youth Development Agent

Pierce County UW-Extension Staff

Frank Ginther - 4-H Youth Development Agent Mike Travis – Agriculture Agent Lori Zierl – Family Living Agent Diana Alfuth – Horticulture Educator Vacant - CNRED Agent Katie Stenroos- 4-H Program Coordinator Sandy Radkey – Support Staff Beth Ingli – Support Staff

4-H Family Calendar

January

- 15 NW Golf Classic Meeting, Baldwin
- 20 Wisconsin 4-H Art Team applications Due
- 21 Mandatory Livestock Rules Meeting, 7 pm, Seyforth Bldg.
- 22 Horse Bowl Informational Meeting, 7pm Pierce County Office Building -Lower Level Meeting Room
- 23 Livestock Committee, 7 pm
- 26 Creative Arts Festival, 9 am Spring Valley High School
- 27 Shooting Sports Committee, 6 pm, Annex Poultry and Small Animal Committee, 7 pm
- 28 Registrations Due for Cloverbud/Explorer Winter Day Camp
- 29 YQCA training, 6:30 pm, Seyforth Bldg.
- 31 Registration closes for ArtBEAT!

February

- 2 Cloverbud/Explorer Day Camp, 8:45 am Seyforth Building
- 2 Livestock Workshop, River Falls
- 5 Horse Committee Meeting, 7 pm
- 6 Reality Check, Ellsworth High School
- 15 Statewide Adult 4-H trip Chaperone applications Due
- 15 2019 County Club Dues deadline
- 18 Registration call-in's due for Annual 4-H Leader's Training
- 20 Mandatory Livestock Rules Meeting,7 pm, Seyforth Bldg.
- VIP new 4-H Leader Training, 5:30 pm, UW-Extension Office
- 21 NXT Robotics 102, 6 pm, Seyforth Bldg.
 Annual 4-H Leader's Training "All
 Together But Not All the Same, 7 pm, UWExtension Office
- VIP new 4-H Leader Training, 6:30 pm, River Falls
- 28 NXT Robotics 102, 6 pm, Seyforth Bldg.

<u>March</u>

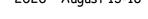
- 1 Camp Counselor Applications due
- 1 WI 4-H Horse Association Scholarship Due
- 7 Arts Festival Committee Meeting, 6p RFPL
- 10 Horse Winter Round up, 3-5pm, Seyforth Bldg
- 10 VIP Training at Round up, 4pm Seyforth Bldg.
- 12 NXT Robotics 202, 6-8 pm, Seyforth Bldg.
- 15-17 ArtBEAT! Camp, Upham Woods, Wisc. Dells
- 15 WI 4-H Foundation Scholarship Due
- 15 Registration due for Annual 4-H Leader Training
- 16 Performing Arts Festival, 9 am Meyer Middle School
- 16 UWRF Bacon Project Session 1
- 18 Annual 4-H Leader's Training "All Together But Not All the Same, 7 pm, River Falls
- 19 NXT Robotics 202, 6-8 pm, Seyforth Bldg.
- 21 Hoard's Dairyman Judging entries Due
- 21 NXT Robotics 202, 6-8 pm, Seyforth Bldg.
- 23 UWRF Bacon Project session 2
- 23 Wisconsin State Fair Dairy Promotion Scholarship Due
- 29 4-H Adult Advisors Scholarships Due

Tid-bits from the Fair Office



Future Fair Dates

2019 - August 8-11 2020 - August 13-16





2019-2020 Fairbook

We will have a new fairbook for the next 2 years. It will be out in the spring.

Good Bye and Hello!!

We are sad to say good bye to Kriste Lewis as she will not be back this summer to work in the fair office. She plans to spend the summers with her family. Thank you and best wishes to Kriste!

Welcome April Daniels to the Fair Office. She will take over for Kriste in the fair office this summer assisting Ann Webb. April was the leader of Town & Country 4-H Club up until she took this position. Good luck in this new role April and we will see you this summer!

Any Questions for Fair Office

The Fair Office is on very limited hours now. So if you have questions, call Ann at 715-273-6874 or email her at awebb@co.pierce.wi.us and she will get back to you as soon as she is available.

Like the Pierce County Fair on Facebook

Pierce County Fair and Fairgrounds WI on Facebook



Leader's Corner

Volunteer VIP and MRT Trainings

All **NEW** volunteers will have to complete a background check through GIS, and take the "Mandated Reporter" training, done online, and come in for the "VIP Meeting" with our 4H Agent, Frank.

To take the Mandated Reporter Training (MRT) go to your individual profile page in 4-H Online, click on "Trainings" (toward the top middle of the screen). It will take you to a new screen, click on "Sign Up for a Training" and follow the next screens through to take the Mandated Reporter online training. It will tell us when you have this completed.

New and some current leaders need to attend a VIP Meetings with Frank. Please call/email ahead to sign up - at least by noon the business day before the meeting to let us know you plan to attend. We need at least three people to hold the session. They are about an hour long, and will be the following dates:

- Thursday, February 21st UW-Extension Office - Time 5:30 p.m.
- Monday, Feb. 25th River Falls Public Library - Time: 6:30 p.m.

Once you enroll, complete the background check, take the MRT online and get to a VIP Meeting with Frank we can confirm you as a Leader in 4-H.

Until all of these things are done you will not be an active leader with Pierce Co. 4-H or able to start working with our youth until you have it all complete. Let us know if you have any questions! Contact the UW-Extension Office at 715-273-6781 or these e-mails to sign-up: sandy.radkey@ces.uwex.edu.
4-H Youth Development Agent Frank Ginther at francis.ginther@ces.uwex.edu

Adult Chaperone Opportunities!

Love working with youth? Interested in Aerospace? Citizenship? Leadership? Global Citizenship? Are you 21 or older? Look at applying to be an adult advisor for one of the National 4-H trips in 2019. Applications are due to Wisconsin State 4-H February 15th, by 4:30 p.m. More information and application regarding the adult advisor opportunities are available in the proceeding link. https://fyi.uwex.edu/wi4hedopp/adult-advisors/

2018-2019 4-H Award Trips

Congratulations 2019 4-H Award Trip Recipients

Citizenship Washington Focus
Hannah Brubaker-Helpful Workers
Brady Cebulla-Valley Eagles
Meggan Daniels-Town and Country
Kaden Funk-Denim and Dust

FIVE

Sydney Boyer-Olivet Otters Kinsey Peterson-St. Croix Stars Maddie Shafer-Valley Eagles



Space Camp

Mary Lundstrom-Country Partners Jasper Knutson-Martell Rushers Travis Koenning-Valley Eagles Jorja Hince-Martell Rushers

Cloverbuds/Explorers

Register Soon for Winter Day Camp

Are you, or your son or daughter, a Cloverbud or Explorer looking to get more involved? We will be hosting a "Let's Build a Snowman," Cloverbud/Explorer Day Camp February 2, 2019. All youth grades K-3rd are invited to attend, so invite your friends (non-4H friends welcome!). We will spend time getting to know other members, doing fun activities and making some crafts to bring home. A morning snack is provided.

Cost for 4-Hers is \$10 and non-4-Hers cost is \$12. Pre-Registration is due in the County Extension Office by, Monday, January 28th, 2019. A Registration form is included at the end of this

newsletter.

Leadership Day

2018 a Big Success!

Thank you to all that came and participated in the 2018 Pierce Co. 4-H Leadership Day! We had a great turnout, and we hope that everyone gained some valuable information and knowledge that they can bring back to their clubs or committees.

Horse

4-H Horse Committee

The next 4-H Horse Committee meeting will be on Tuesday, February 5 at 7 pm in the Annex Conference Room of the Courthouse Annex in Ellsworth.

Horse Bowl practices have begun, contact Bill Emery or Linann Pearson if you are interested in more information.

"Winter Roundup" is March 10 at the Seyforth Building, watch for more details to come.

Shooting Sports

Important Dates

The spring air rifle, air pistol and indoor archery dates will be announced soon. We are working to finalize our calendar! These events are open to anyone enrolled in 4-H as long as they are at least 8 years old & in the 3rd grade. However, participants enrolled in these projects for the fair are required to attend at least TWO practices for each discipline that they plan to shoot for the fair. 1st & 2nd year shooters are also required to attend at least one safety session for each discipline as well. We are hoping to start practices in mid-February and that practices will again be held at the River Falls National Guard Armory on Saturday mornings and afternoons, and Sunday afternoons. We will be mailing registration info out by the end of the month to enrolled members. Please watch for it! Email reminders will also be sent out as we get closer to the shooting dates.

If you are interested in taking or trying any powder burning disciplines (shotgun, small bore .22 rifle, small bore .22 pistol, or muzzleloader) this summer you are required to be 12 years old & have completed Hunters Education. Classes are beginning soon & will be listed on the Wisconsin DNR website at: gowild.wi.gov. Please be sure to keep checking the websites for dates and times that will work for you.

Please follow us on Facebook for the latest news & information: Pierce County 4-H WI Shooting Sports Program.

Livestock

UWRF Bacon Project

UW - River Falls in cooperation with the Wisconsin Pork Association is sponsoring an educational event this spring for swine project members. We are calling the event "The Bacon Project." The program will teach participants the principles of bacon processing and give them hands-on experience in making a product of their own. Swine project participants from Pierce, St. Croix and Dunn counties are invited. The event will consist of two sessions, held at the UWRF Meat Laboratory on Saturday March 16th and Saturday March 23rd from 9:00am to 12:00pm each day. Participants are expected to attend both sessions. Below is the list of activities for each day.

Saturday March 16th

- An educational session about curing, color reactions and smoking in bacon and other cured products
- Trimming and preparing green bellies for curing
- Mixing the brine for curing
- Pumping the green belly with brine
- Tumble the bellies for cure distribution
 Saturday March 23rd
 - An educational session on packaging and shelf life
 - Slicing and packaging the bacon
 - Cooking and evaluating the bacon
 - Participate in choosing a winning product

The activity is limited to the first 20 applicants, and there will be a \$30.00 registration fee which includes snacks, the cost of the bellies, and other ingredients.

There will also be prizes for the participants with the winning product, and each participant will get to take their product home at the end.

You may register by contacting Madie Yunker, Animal and Food Science program assistant at anfdsci@uwrf.edu or by calling 715-425-3704. Registration information needed includes the project member's name, parent's name, address, and contact information (phone and/or email). The registration fee will be collected on Saturday, March 16 (the first session). Questions can be directed to Dr. Gary Onan, gary.onan@uwrf.edu or Ellie Ries, elizabeth.ries@my.uwrf.edu.

Livestock-Meat Animal Project Rules and Meetings

The 2019 Livestock Rules have been distributed by e-mail to all Livestock members enrolled in beef, goat, sheep & swine. Please take the time to read them.

IMPORTANT change for Meat Animal Exhibitors:

New this year, the Livestock Committee will be holding MANDATORY rules meetings in hopes of making everyone more informed of some changes happening this year. Plus, it will be a great opportunity to ask questions. Anyone wishing to sell an animal at the fair MUST attend one rules meeting. There are two remaining meetings one in January & one in February. Again, each exhibitor will only need to attend one of those dates. This meeting will be in addition to the YQCA & the required one workshop per species.

The remaining meetings are scheduled for January 21st and February 20th

Workshops including YQCA:

We have already had a few workshop opportunities & there are more to come soon. We will always try to keep you up to date on any workshops coming up. Workshops will be listed in the 4-H Informant and on our Facebook Page: Pierce County 4-H & FFA Livestock Program. The first YQCA training is now online for registering at the website below. This meeting will have both Mixed age and a Juniors only session and will be held on Tuesday, January 29th at

6:30 pm on the fairgrounds at the Seyforth Building.

https://yqca.learngrow.io/

The next Livestock Committee meeting is January 23, 2019 at 7pm. in the Annex Conference Room.

Have questions or concerns? You can send us your questions via our Facebook page or now by email!

Our email address is piercecountylivestockcommittee@gmail.com.

Dairy

Quiz Bowl

The 2019 Wisconsin 4-H Dairy Quiz Bowl will be held on Saturday, February 9, 2019 at the Sewell Social Sciences Hall on the UW-Madison Campus. The Wisconsin 4-H Dairy Quiz Bowl encourages 4-H members to develop a more complete knowledge of dairy animals and related subjects. This contest is designed to provide an educational dairy experience for all 4-H Dairy project members, including those who may not own a dairy project animal while also providing opportunities for 4-H members to develop alertness and self-confidence. The Dairy Bowl is a "quiz bowl" competition where all questions focus on dairy topics. Teams of four 4-H members compete with each other in giving oral answers to questions posed by a moderator. The registration deadline is January 18, 2019 and there is a \$20 fee per team.

More information can be found at: https://fyi.uwex.edu/dairyyouth/2019-dairy-quiz-bowl-contest-rules-and-entry-information/

Hoard's Dairyman Judging Contest

Wanna test your Cow Judging skills? Consider having a Club or small group contest with the 2019 and 89th Annual Hoard's Dairyman contest. Judging contest class pictures are available here at the UW-Extension Office and entries are due March 21st. You can also enter online at: judging.hoards.com. Mail in or make your class selections today! Moo!!

Robotics

NXT's 102 Introduction to Lego Robotics (Grades 4-12)

This class is for BEGINNERS -

LEGO MINDSTORMS NXT is the second generation of robotics products from the LEGO group. These robots will introduce entry-level robotics with state-of-the art hardware and easyto-use programming software. This robotics workshop series youth will spend two nights building and programing the LEGO MINDSTORMS Robots. From using light sensors, touch sensors, ultrasonic sensors to using sound sensors. Youth grades 4-12 will use their critical thinking skills. Two sessions will be offered and youth are welcome to participate in one or both of these nights. \$5 fee. Not intended for those who have attended multiple classes before. These classes are offered through Pierce County 4-H but open to anyone MUST send in the \$5 registration fee with Name, phone, email and grade to: UWEX PO Box 69, Ellsworth WI to be confirmed in the class. Classes fill, enroll soon! UWEX 715-273-6781

<u>Date: Feb. 21 and 28 Time: Start 6:00</u> <u>p.m. Fee: \$5 Locations: Seyforth Building,</u> Fairgrounds Ellsworth

NXT's 202 Robotics - The NeXT Generation (Grades 4-12)

The Pierce County 4-H volunteers will be offering a new three class robotics series for youth who have attended one or more robotics workshop series. Youth will have the opportunity to enhance their skill sets in the areas of robot construction, computer programming and evaluation. Using the LEGO MINDSTORMS NXT 2.0 education kits as well as the NXT LEGO expansion kits youth will have the chance to use more functioning parts to enhance functionality of designs and will explore a different side of computer programing. The expansion kits have an additional 900 LEGO parts!! These classes are offered through Pierce County 4-H but open to anyone MUST send in the \$5 registration fee with Name, phone, email and grade to -

UWEX PO Box 69, Ellsworth WI to be confirmed in the class. Classes fill, enroll soon! UWEX 715-273-6781 <u>Date: March 12, 19 and 21 Time: 6:00-8:00</u> <u>pm Fee: \$5 Locations: Seyforth Building,</u> Fairgrounds Ellsworth

NXT's 203 Robotics Spring Competition (Grades 6 and up)

As we are making our way through the robotics season plan on attending our advanced robotics class for grades 6-12. Using the LEGO MINDSTORMS NXT 2.0 education kit and new LEGO expansion kits with over 900 more parts. Youth will have the opportunity to build a Sumo Bot and compete with the other teams to see who can build and a program their bot to follow the rules and win by staying in the ring.

The first class we will work through a few examples of building stability into our designs and then build the basic Sumo Bot. Second Class we will discuss the rules and how to program the Bot to follow them. Then test our bots out. Third class will be focusing on adjusting our designs and programs to help our bot become the 'king of the ring'.

Must have attended 2 or more previous classes. These classes are offered through Pierce County 4-H but open to anyone MUST send in the \$5 registration fee with Name, phone, email and grade to: UWEX PO Box 69, Ellsworth WI 54011 to be confirmed in the class. Classes fill, enroll soon! Questions - call UWEX 715-273-6781

Date: April 9, 16, 18Time: 6:00-8:00 pm
Fee: \$5 Locations: Seyforth Building,
Fairgrounds Ellsworth

Parent Volunteers interested in STEM NEEDED!

We are in need of volunteers to help with our growing number of classes and workshops. If you have an interest in robotics, or want to work with your child who is involved in this project, please give us a call so we can tell you how to become a leader if you are not already one. Join the STEM Committee where you will have the opportunity to work to support STEM projects and activities. On this committee you will have the chance to work with beginning We Do Robots, promote creative thinking in youth, coordinate robotic building sessions, guide and coach youth at a variety of skill levels, and troubleshoot robotic issues.

Call the Pierce County Extension Office at 715-273-6781 to volunteer.

Volleyball Tournament

Thank you to everyone that participated in the very successful Volleyball tournament! It was a very fun day! Congrats to winners:

Juniors -

1st place - Helping Hands 2nd place - Fancy Doers/Helpful Workers 3rd place-Country Partners

Seniors-

1st and 2nd place tie- Valley Eagles White and Town & Country Gold 3rd-Country Partners

Creative Arts Festival

Hope to see everyone at Creative Arts Festival, Saturday, January 26 at the Spring Valley High School. Many great entries in Speaking, Arts & Crafts, Interpretive Reading, Dynamic Duos, Terrific Trios, and so much more have come in. This is a great day to come and learn more about our tremendous Pierce County 4-H arts festivals. The day begins at 9 a.m., all are welcome!

Performing Arts Festival

The 2019 Performing Arts Festival will be held Saturday, March 16th at the Meyer Middle School in River Falls. Save the date and watch for registration information to be mailed to your home or distributed at your February 4-H Club meetings. Start working now with your club on a play or skit!! Individual music entries and photo entries will also be a part of this festival. The deadline for entries will be Monday, March 4th.

4-H Camp Kinnissippewa

Time to apply to be a Camp Counselor
Applications for Camp Counselors are due in the office by Friday, March 1, 2019 by 4:30 (end of the office day). Camp will be June 12-14, 2019 with a training day for Counselors on June 11th. Camp Planning and Counselor Training Day in Pepin is Sunday, April 7th. Application information for counselors is included in this newsletter OR available online at: https://pierce.uwex.edu

4-H Art Beat

State 4-H ArtBEAT Waitlist

4-H ArtBEAT! was created for 4-H members in grades 3-5 and their parents and leaders and is the introductory program for Wisconsin 4-H Arts and Communication! ArtBEAT! will be held March 15-17, 2019, at Upham Woods in Wisconsin Dells. The weekend will feature a look at a variety of arts projects including music, drama, visual arts, and more!

4-H members will have the opportunity to explore their own creativity while discovering a variety of 4-H Arts & Communication experiences available to them now and in the near future. Youth and adult participants will rotate through a variety of sessions, which are hands-on and active. Both youth and adult participants stay in the warm and cozy heated cabins!

Parents are not required to attend, but are invited. All adults attending the camp must be active 4-H leaders who will be considered adult advisors (chaperones) responsible for providing leadership and support for ALL campers. As such, all adults who want to attend the camp must complete the requirements to become a 4-H leader before camp and participate in an Adult Advisor Orientation Teleconference on Monday, March 4 at 7 p.m. Interested adults should contact the county UW-Extension 4-H Office as soon as possible for assistance in completing the process which involves VIP Training and a background check.

The \$100.00 per person fee (youth and adults) will include all materials and supplies (including a very cool ArtBEAT! backpack), overnight lodging, meals and snacks. Transportation to the camp is NOT provided by the State 4-H Office.

ArtBeat has reached it capacity but they are accepting members on the waitlist.

Waitlist registrations are still being accepted through January 31, 2019.

Scholarship Opportunities

WI 4-H Foundation

The Wisconsin 4-H Foundation will award more than \$10,000 in scholarships to outstanding Wisconsin students pursuing higher education in 2019. To be considered for financial support, applications must be received by the Wisconsin 4-H Foundation via email by Friday, March 15, 2019, 5:00 pm.

To be eligible for Wisconsin 4-H Foundation scholarships, students must have been a Wisconsin 4-H member for at least one year; have a grade point average of at least 2.5 on a 4.0 scale, and be enrolled or planning to enroll at a university, college or technical school during the 2019-2020 academic school year.

For more information follow this link http://wis4hfoundation.org/scholarships/

Wisconsin 4-H Horse Association Scholarship

High school seniors and post-secondary students currently in their first year of higher education are eligible to apply. A minimum GPA 2.0 out of 4.0 is required to apply. A minimum of four consecutive years in the 4-H Horse & Pony Project (regular member or horseless horse). Applicants must attend an accredited, post-secondary school/program (i.e. 2- or 4-year collage or professional technical program, Farm & Industry short course program, vocational college or training of at least one school year in length). Applicants may pursue any major. Application deadline is postmarked by March 1st, 2019.

More information and the application form can be found on the following link:

https://fyi.uwex.edu/wi4haganimalscience/files/2018/1 2/Scholarship-Information-and-Application.pdf

Wisconsin State Fair Dairy Promotion Scholarship

The Wisconsin State Fair Dairy Promotion Board is offering \$1,000 scholarships to students that will be third or fourth year college students during the 2018-19 academic year. Additional \$1,000 scholarships will be awarded to high school seniors that will be first-year college students during the 2018-19 academic year. Students studying in a two-year program are also encouraged to apply. Application Deadline is March 23rd, 2018. More information regarding this scholarship can be found on the following link:

http://wistatefair.com/competitions/dairy-promoboard/

Pierce County 4-H Adult Advisor Scholarship

The Pierce County 4-H Adult Advisors, Inc. will award scholarships of \$400 each to a 4-H member who will be entering college, vocational school or short course the fall of the current 4-H club year. The application may be found on the Pierce County 4-H website: https://pierce.uwex.edu



The UW Extension Office has finally moved into our new home! We are located in the Courthouse Annex, across the hall from our temporary spot that we have been in for the past year. Please stop by to visit us at our new location and get a tour!

Continue to use the PO Box 69, Ellsworth WI 54011 address to mail things to the UW Extension Office. If you are stopping in the best way to find us is to come in the west side of the courthouse side doors by the Holiday gas station in Ellsworth. We are happy to finally be in our new digs at 432 West Main Street here in Ellsworth.

CLUB DUES ATTN: CLUB LEADERS –

You will soon be receiving an email with the number of members you have in your club and the total due for club dues for 2018-19. This is \$3 is due per member to the County 4-H Office NO LATER THAN Feb. 15th.

Watch for the email!



Rabbit, Poultry & Small Animal

Poultry, Rabbit and Small Animal Committee yearly organizational meeting will be held Jan. 27^{th} in the Courthouse Annex (lower level Courthouse) at 7 p.m., to discuss ideas for improvements, fairbook changes, workshops, award sponsorship, distribution of the rabbit superintendent tasks and more. All members and/or family of project members welcome and encouraged to come.

AmazonSmile Fundraiser

Online Fundraising Link for Amazon Shopping

We have set up an on-line fundraising option to support Pierce County 4-H throughout the year. AmazonSmile is a website operated by Amazon with the same products, prices, and shopping features as Amazon.com. The difference is that when you shop on AmazonSmile, the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to the charitable organization of your choice, and that is us! Just a note, it may state that the funding is going to support "Board of Regents of the UW-System". This is because AmazonSmile uses our federal EIN number to match up charitable organizations with fundraising. If you or someone you know shops through Amazon, please have them consider clicking on our AmazonSmile link:

https://smile.amazon.com/ch/51-0212602 then log into Amazon as usual and start raising money for 4-H!

2019 Platbook Project

HELP-Committee Members Needed Please!

It is time to update our 3 year Platbook to a 2019 version. This is a big <u>and important</u> fundraiser for our Pierce County 4-H Program. We are in need of volunteers to be on the Platbook

Committee to help start the planning of the 2019 book. Please contact the office and get on the committee to help. Call 715-273-6781 for more information or to sign up.

We need you!

Mental Health

Suicide Prevention

Wisconsin's suicide rate among youth continues to exceed the national average, and recent data show that 1 in 6 Wisconsin high school students have considered attempting suicide in the previous twelve months. Helping our communities prevent suicide in youth, and across the lifespan, requires a multi-pronged approach in our schools, homes, and workplaces.

https://uwphi.pophealth.wisc.edu/healthpolicy/evidence-based-health-policy-project-2/evidence-based-health-policy-project-events-2/youth-suicide-prevention-december-2018/

Stress in America: Generation Z

"The American Psychological Association (APA) conducted its 12th annual Stress in America survey in August 2018 to understand what causes stress in American's lives and their strategies for coping with stress....Our 2018 survey results show that high-profile issues, such as sexual harassment and gun violence, are significant stressors for GEN Z." Click here and read the Full Report:

https://www.apa.org/news/press/releases/stress/ 2018/stress-gen-z.pdf

Taking Care of You Workshops

Pierce County UW-Extension can offer unique Mindfulness Workshops for dealing with stress and getting to know how to handle it through the "Taking Care of You" program. If your Club or group is interested in learning more, please contact Frank the 4-H Youth Development Agent at francis.ginther@ces.uwex.edu for more information on workshop content.

Generations Training

Are you wondering how to communicate with Generation X, Z, Millenials, Baby Boomers or Silents? The Pierce County UW-Extension Office can offer your Club or group a "Generations" workshop. If you are interested, please contact Frank the 4-H Youth Development Agent at francis.ginther@ces.uwex.edu for more information on workshop content.

Annual 4-H Leaders Training

All Together But Not All the Same

All Chartered 4-H Clubs & Groups in Wisconsin 4-H must send one volunteer to annual 4-H leaders training each year. Many of you had representatives attend at Leadership Day in December. This year's training is a focus on expanding access and understanding cultures. Please plan to send a representative to be at one of these training nights:

Thursday, February 21st, 7 pm here at the UW-Extension Office (Please register by Monday, February 18) in Ellsworth or Monday, March 18th, 7 pm in River Falls (Please register by Friday, March 15th). Registration is REQUIRED at least three days ahead by calling the UW-Extension Office at 715-273-6781 or e-mailing Frank at: francis.ginther@ces.uwex.edu

Wisconsin 4-H Arts Teams

Drama Company, Art Team, Communication Team!!!

Welcome to the exciting, creative Wisconsin 4-H Arts & Communication World! Please read on for more information about the 4-H State Teams: Art Team, Communications Team and Drama Company.

Youth grades 9-13 who are passionate about the arts and sharing the arts with others, are encouraged to apply!

To apply to be a team member: 1) Before completing the online application, please read all of the information on the website at https://fyi.uwex.edu/wi4harts/state-art-group-application-info/ (Application Information, State Team Job Descriptions, and Application Instructions).

- 2) Complete online application at http://wi.4honline.com Please note: Applications will be found under "events".
- 3) Submit team specific materials as required (see below). All applications and other required materials must be received by January 20, 2019.

PLEASE NOTE: Each state team has Team Specific Instructions.

ART TEAM: In addition to completing the online application, please email 4 photos of your artwork, with each labeled with age, date, and medium it was created in, to Stephanie Kempe at kempesteph@gmail.com.

DRAMA COMPANY: In addition to completing the online application, please email two letters of recommendation to Lynn Pfeiffer at lynn.pfeiffer@ces.uwex.edu and put Drama Company in the Subject. Returning members only need to have one letter. Have the letters address your leadership, 4-H experience, theatre experience (including dance, music, and technical skills) and ability to work with others in a creative setting.

COMMUNICATION TEAM: In addition to completing the online application, please email the following to Lynn Pfeiffer at lynn.pfeiffer@ces.uwex.edu and put Communications Team in the Subject: 1) Description of your work in one of the following areas: design, photography, videography, social media or writing and describe how you would like to use your communication talents to tell the story of 4-H in Wisconsin. 2) Samples of your work in one of the four focus areas: design (3 design samples), photography (three digital photographs), videography (two, 2-3 minute video clips that have been edited) or writing (two 1-2 page essays you've written for school or 2, 1-2 page creative writing projects or 2 articles you've written about your 4-H club or group.) Each writing sample should be double-spaced using a 12 pt. font. 3) Two letters of recommendation.

If you have questions about any of the information or application procedures, please contact: Lynn Pfeiffer, 608-262-1222, lynn.pfeiffer@ces.uwex.edu or Amber Rehberg, 608-262-1557, amber.rehberg@ces.uwex.edu.

Start your application now; don't wait until January 20th . Thank you for your interest in the Wisconsin State 4-H Teams!

4-H Camp Kinnissippewa Counselor Position Description

<u>Position Period:</u> April 7, 2019, 12:30 PM - 5:00PM - Counselor Training in Pepin June 11-14, 2019 (Training & Camp)

4-H Camp Kinnissippewa Counselor Responsibilities:

- 1. Assist in the program planning, supervision and delivery of 4-H Camp Kinnissippewa at Kiwanis Scout Camp.
 - a. Assist with developing, planning, coordinating, teaching and evaluating educational programs at camp.
 - b. Maintain a safe, clean environment for youth campers.
 - c. Supervise youth campers and implement appropriate risk management strategies.
 - d. Be concerned with the social and emotional wellbeing of each youth camper.
 - e. Utilize effective behavior management strategies, as appropriate.
 - f. Build suitable relationships with youth campers.
 - g. Engage campers in educational experiences and encourage young people to assist in program planning and evaluation as appropriate.
 - h. Promote camper and counselor participation in all activities.
 - i. Serve as a role model for youth campers. Exhibit appropriate personal habits, health, dress, language, table etiquette and relationships with other staff.
- 2. Serve as link of communication between campers and adult camp staff.
- 3. The 4-H Camp Kinnissippewa Counselor is responsible to 4-H Camp Kinnissippewa Directors / UW-Extension 4-H Youth Development Educators.

Required Knowledge & Skill Qualifications:

- 1. Must be in 9th 13th grade at time of application and must have completed 9th grade at time of 4-H Camp Kinnissippewa.
- 2. Positive attitude and commitment to teamwork in collaborative environment.
- 3. Values life-long learning and views position as a learning experience.
- 4. Strong organizational and communication skills.
- 5. Ability to work well with adult volunteers and other youth leaders.
- 6. Ability to creatively and flexibly solve problems as they arise.
- 7. Ability to be self-directed.
- 8. Experience in working with children in a group setting preferred.

Benefits: Receive unique opportunity for personal and organizational leadership development, all

training materials, a camp T-shirt and option for additional shirts, camp lanyard, and all

meals and lodging at 4-H Camp.

Application Fee: \$50 made out to Pierce County 4-H

Application Procedure and Deadline:

Send 4-H Camp Kinnissippewa Counselor Application (included on next page) along with a cover letter (as directed in application) by March 1, 2019 to:

Pierce County UW-Extension 432 West Main Street, Box 69 Ellsworth, WI 54011

Email application to: francis.ginther@ces.uwex.edu (Scan)

Voice: 715-273-6781 Fax: 715-273-6859 Email a photo to: annie.lisowski@ces.uwex.edu (Scan)

Voice: 608-685-6256 Fax: 608-685-6259

2019 Camp Kinnissippewa 4-H Camp Counselor Application

All applications are due <u>March 1st, 2019</u> <u>Must be in grades 9 through 13</u>

PERSONAL INFORMATION:										
Name:	County:	County:		Club:						
Phone Number: ()	Email Add	Email Address:								
Address:										
City:	State:	State:		Zip Code:						
Number of Years in 4-H:	Grade:	Current Ag	ge:	Sweatshirt Size:						
Attach a photo to this application or email a digital one to annie.lisowski@ces.uwex.edu										
CAMP EXPERIENCES: List camps (4-H and non 4-H) which you have attended: (Please "X" camper or counselor)										
Camp	Year(s)		Camper (X)		Counselor (X)					
I would prefer to be a counselor for: (Circle) Grades 3-4 Grades 5-6 Grades 7-8										
Junior Director	Junior DirectorLead CounselorAdventure CounselorResource/Cabin Counselor									
TRAINING EXPERIENCES:										
Have you previously attended a camp counselor training workshop? (Circle) YES NO										
If yes, when and where:										
List other leadership courses/workshops you have attended:										
SAFETY CERTIFICATIONS:										
	Date:	Date:			Organization:					
Standard First Aid Training										
CPR Training										
Lifeguard Certificate										
How well do you swim? (circle one) Not at all A little Average Very Well										
Are you willing to help with waterfront (swimming or canoeing) activities? YES NO										
Please rate your experience with canoeing: (circle one) Neverr A little Average Very Well										

${\bf AREAS\ OF\ TEACHING\ INTEREST:}$ Check all the following that you would like to teach or provide leadership for.

Arts and (Nature Climbing V Camp Socia	Vall	Archery Drama Group Games Canoeing			Campfire Program Teamwork/Leadership Waterfront/Swimming Science				
CAMP RELATED W	ORK, SCHOOL	OR VOLUNTE	ER EXPE	ERIENCES:					
Organization:					(Circle)	Work School	Volunteer		
Position:		Supervisor:			Dates Worked: From: To:				
Camp related skills	or experiences:								
Organization:					(Circle)	Work School	Volunteer		
Position:		Supervisor:			Dates Wo	rked: From:	To:		
Camp related skills	or experiences:								
Organization:					(Circle)	Work School	Volunteer		
Position:		Supervisor:			Dates Wo	To:			
Camp related skills	or experiences:								
REFERENCES:									
Name:	Phone: ()		Relationship:		Years Known:			
Address:			City:		State:	Zip:			
Name:	Phone: ()		Relationship:		Years Known:			
Address:			City:		State:	Zip:			
Name:	Phone: ()		Relationship:		Years Known:			
Address:		City:		State:	Zip:				
Please submit with what you plan to accounselor, and why As a 4-H Camp Kinn expectations and pa	complish as a ca you are interest issippewa Coun	amp counselor ted in being a selor, I agree t	etter that; the unic camp cou	que qualifications unselor. Send by M he responsibilities	and charac March 1st, s, comply w events:	teristics you can of 2019 .	ffer as a camp		

CLOVERBUDS & EXPLORERS Let's Build a Snowman Day Camp

Saturday, February 2nd, 2019

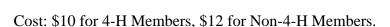
Cloverbuds & Explorers Grades K-3 at the Seyforth Building, Fairgrounds in Ellsworth

Schedule: 8:45 am-9:00 am Registration

9:20 am-10:10 am Crafts/Activities

10:10 am-10:30 am Snack

10:30 am-11:50 am Crafts/Activities 11:50 am-12:00 pm Reflection/Wrap-Up



Please make checks payable to **Pierce County Adult Advisors.**Parents are welcome and encouraged to stay for the event to assist your child with the crafts.

We will be doing an activity outside (weather permitting) so please bring winter clothes for your children- boots, snow pants, jacket, hats and mittens. Thanks!

Send \$10 per member or \$12 for non-4-H friend and this bottom half of the registration form to the 4-H Office by **Monday January 28, 2019.**

Mail or bring to: UW-Extension, Pierce County Courthouse, P.O. Box 69, Ellsworth, WI 54011